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26 July 2019

22-2019

From the Headmaster's Desk

Dear Parents and Guardians

In this issue I am focusing on "The teenage brain" and on our young men, who are currently teenagers aged mostly between 13 and 17 – the age referred to by some as 'the wandering stage'. It is commonly regarded and accepted as a very difficult time in their lives as they walk the bridge of adolescence i.e. they are caught between being a boy and a man, but it is important for them to know that this stage of their lives will come to pass as they become young adults.

Dr James Dobson in his book "Preparing Adolescence" says that they are saying goodbye to childhood and being welcomed to adulthood and believes that they need other voices to support them e.g. friends, mentors, teachers. They react from the emotional [fight or flight] part of the brain amygdala and the progress is often limited; two steps forward and three steps backward and there is a need for continuity whilst they are on the bridge of adolescence.

Research conducted suggests that every part of the brain is under construction and they have an inability to conceive beyond Friday [they live in the here and now]. They cannot think like adults as their prefrontal cortex [part of the brain that deals with planning and decisions] is not developed. The adults in their lives need to be the 'surrogate' pre frontal cortex [to hint, to subtly nudge, make them aware of the consequences, provide good structure] in making sound decisions and keeping them safe. They need 8 to 9 hours sleep a night and like to go to bed late as melatonin is released later and therefore mom and dad should allow them to sleep in on the weekends. Dr Jay Giedd in teen brain research states that adolescence is a period of high risk – they take chances, they test their supposed invulnerability, drugs and alcohol experimentation are almost a rite of passage, as the brain is at its most vulnerable and will only be fully developed by the age of 25. What is important for you as parents and them to know is that there are people around them who will help and guide them through this difficult passage in their lives. Do not be afraid to speak to people who will listen and support them.

We look forward to some great rivalry on the sports fields ahead. This weekend sees another trip to Pretoria for the exchanges with KES – safe travels to everyone!

Next weekend is our Reunion which will see around 4000 old boys and their families visit the campus. On Thursday 1 August there is a golf day at the Victoria Country Club, followed by a special school assembly on Friday 2 August, soccer and basketball, bowls and of course the Reunion dinner in our Alan Paton hall. On Saturday 3 August there is a Memorial Service, Wreath Laying and Wall of Remembrance events. Our teams play local rivals Glenwood in a full round of sporting fixtures ending with our 1st XV match on Goldstones. All our games will be livestreamed, and we invite you to join us for drinks at the Kent Pavilion after the match.

Chis Luman
Headmaster



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Academic Achievements

Focus on...Agricultural Science

Agricultural Sciences students have had a wonderfully practical second term. In our 5th form class we spent the term learning about soils. Our boys all collected soil samples during the Easter vacation. This gave us over 60 samples to investigate as part of our project for the 2nd term.



Our 5th Form Agricultural Science boys practically investigating various soil samples



The 4th Form class visited the Royal Show to gather some information on one of the various breeds on display for their breed projects. It was wonderful to see how warmly our boys were welcomed by the

farmers who were more than willing to engage with our boys. Some of our young men were even lucky enough to handle some of the cattle.



College hosted another very well attended and very successful subject choices evening so hopefully 2020 should see even more young men choosing Agricultural Science as a subject.

I would like to take this opportunity to brag a little on their behalf. In Term 2 there were some very good marks achieved. In 4th Form our top three boys were Azile Dlamini, Mackinley Daly and Oliver Field who all achieved A symbols. In 5th Form our top 3 boys were Matthew Smith, James Muggleton and James Lowe. Congratulations on some truly outstanding results young men.

Other interesting things that have happened in the Q3

lab this year. We've hatched chickens, grown vegetables and our marine tank has some new inhabitants.



Our one and only hatchling (a Lavender Bantam), some aquaponics lettuce being fed by goldfish and our sea anemone with a pair of clownfish



We are looking forward to the rest of term 3. Our 4th form boys start looking at the various breeds of livestock and their production, while our 5th form delve into the world of plant nutrition and production.

Thanks to all the staff and parents for their support in making Agricultural Sciences a success here at College. Here's to even more exciting things to be learned and explored in class and even bigger and more exciting events and projects to happen within this subject.

Focus on...Entrepreneurship

Congratulation to our Red Cloak boys on their achievement. They are the SA Champs and will be representing South Africa in the SAGE Teen Entrepreneur World Cup in the United States(California University) in August.



CLOAK

SAGE National Competition 2019

(Report by: R. Bennett)

SAGE, or Students for the Advancement of Global Entrepreneurship, is an entrepreneurship competition for scholars. This year we represented KwaZulu-Natal and the national finals for South Africa, hosted in Durban, starting on Tues 25 June. On the second day we began a course on business management with Prof. van Zyl from the University of Free State. This was an interesting experience into what university classes are like. In our free time we practiced and polished our presentation. On the third day we had a massive team building exercise. We were broken up into teams where everyone had similar personality types. Our task was to start a fire, prepare some ingredients consisting of boerewors, dough and chops, and present the food to our "king". Working together and using our individual skills to win was the point of the task. In the evening we had a cultural display celebration. On the fourth day, we spent a great deal of time preparing for the competition day and we finished our course with the professor. On Saturday we arrived outside the room where the first round of presentations would take place. The presentation went smoothly, and we only faltered on the very last question. Next was the final round of presentations. This occurred in the main venue space and everyone was present. We repeated our performance. Finally, we were treated to a magnificent gala evening. At the end of the night we walked away with 2 certificates for U.N Sustainable Development Goals, the only team to do so, and overall second place. We all had a phenomenal time and we all made new friends and now have more exciting contacts to network with. A lot of our skills were developed over the course of the week and we have grown considerably. We can't wait for the United States.



Focus on Barns House

After the floods in Durban area, the Barns boys decided to jump in and help by donating clothing, blankets and food. The boys showed tremendous compassion and care in their contributions.



S Mdtuyana helping pack all the goods received for our outreach

Focus on Speakers Circle

Led by Mr Brandon Swart The public speaking programme at College aims to develop the boys' confidence and style of speaking when addressing a group of people. Progress in Speakers' Circle is achieved by working through nine different projects over the course of two years. These projects focus on a variety of facets of public speaking. When all nine projects have been completed, the boys receive a certificate of achievement. Not only do they learn the art of communication, but emphasis is also placed on social etiquette and graces expected in formal environments. Public speaking is an essential life skill and the boys are encouraged to realise its value.

Speakers' Circle has three members who have completed their manuals and will receive their Toastmasters Certificate in The Basic Principles of Public Speaking. The society was fortunate enough to share an evening with the St John's "Lecturn" group. The night at St John's included speeches shared from both schools as well as interactive games to break the ice. This is a new tradition that we hope will continue throughout the years to come. With the young, energetic and passionate pupils that have arrived this year, the society can be excited at what the future has in store for Maritzburg Colleges' most prestigious society.

Sporting Spotlight

Last weekend saw the second exchange of the year against Pretoria Boys High (PBHS). Sporting codes that took part in the exchange included hockey, rugby, chess, debating, golf and table tennis. College's choir and jazz band together with PBHS's Dixie band and string quartet entertained families and staff on Friday evening at the school.

Rugby

This weekend saw College field 22 rugby teams mostly against PBHS, winning 18 of these. Our 1st XV secured victory in a closely fought encounter with the final score at 26-25.

Hockey

Our 16 hockey teams played PBHS this weekend with some very tight scores. We won 7, drew 3 and lost 6 matches. Our 1st XI had a very good win against the PBHS 1st XI with the final score of 3-2.

Table Tennis

Our Table Tennis teams won 20 of the 30 games played against PBHS; the 1st team won 8-2, the 2nd team won 7-3 and the 3rd team drew 5-5.

Chess

Our chess teams took on PBHS on Friday and won by 3 points.

Debating

College's debating teams won both their rounds against PBHS with Froice winning best speaker.

Golf

The Maritzburg college golfers secured a 3-1 victory against PBHS.

Cycling

In the KZN Enduro competition this weekend, the College cyclists finished in the top 3 places in their age category; with M Cleary in 1st place, S Charlton in 2nd and M Uhlmann in 3rd place. M Cleary was 4th overall.

Squash

The Maritzburg College squash team took part in the Top Schools Tournament from 19-21 July finishing in 7th place. This is the first time in 25 years that College has represented KZN in this competition.

Shooting

In the KZN Open Shooting competition, College's J Cooke finished in 3rd place overall.





Focus on...MCOBA

The Old Collegians of the Maritzburg College Old Boys' Association wish Jarryd Gibson (2016) and Louis Hattingh (2014) all the best at the World Canoe Championships, Pitesti, Romania from 1-4 August.



Thursday next week sees the start of the Reunion 2019 celebrations. We will be streaming a number of the activities via our College TV channel for those old boys who cannot join us.

Up first in is the Golf Day to be held at the Victoria Country Club on Thursday 1 August. Thank you to all our generous sponsors and title sponsor Trellidor who have helped make this event possible! To view the programme for the whole event, go to

<https://maritzburgcollege.co.za/wp-content/uploads/2019/07/MC-Reunion-Programme-2019.pdf>



Earlier this year the College Foundation launched the Olivier Bequest Appeal, an initiative offering College Old Boys and College faithful the opportunity to leave a lasting legacy to College via a gift in their wills.

The inaugural commitment to our Olivier Bequest Appeal was recently received from Mr Hugh Raw, a College Old Boy from the Class of 1958!

Those who know Hugh will attest to the fact that his love for family, the outdoors and canoeing is matched only by his passion for Maritzburg College.

Hugh is proud of their 3-generation legacy (so far, he adds!). His two sons Darron (OC88) and Shane (OC91) both attended College and Hugh can still be seen these days cheering his 3 College grandsons on from the sidelines.

Through a codicil to his will Hugh has provided for a generous sum to be donated to College to further the development of our Alma Mater. As funding for capital projects and/or the provision of scholarships to deserving College boys this commitment will strengthen the focus on changing lives and shaping futures for all our boys.

On behalf of the College Foundation and the Olivier Bequest Appeal we would like to extend our deepest appreciation to Hugh and his family for this investment in our College future.



TRELLIDOR

THE ULTIMATE CRIME BARRIER®

The Maritzburg College Old Boys' Association would like to THANK all our GENEROUS SPONSORS and our full field of 144 golfers for your support in the upcoming Reunion Golf day, powered by TRELLIDOR, on the 1st of August at the VCC, Pmb






Kevin Bonner – Trellidor
 Richard Ford – Sanlam Northern Blue Star
 Steve Curry – Toyota Forklift
 Patrick O'Connell – Spectrum Valuations and Asset Solutions
 Warren Smith – J Leslie Smith & Company Inc
 Steve Colenbrander / Gary Banfield – Colenbrander
 Dave Jackson – Brand X
 Richard Stretch – Lister & Lister
 Travis Steadman – Personal Trust
 Herman Gossett / Gareth Brown – NU Driving Range
 Mike Eglinton – Steel Co
 Craig Cook – BO's Plant & Tool Hire
 Rowan White – Chiropractic Clinic
 Mark Coape – Bonus Bags
 Pete Stainbank – Virginia Trails
 Bruce Hardman – Gooderson's – Drak Gardens
 Mike Vaughan – Ben Booysen's
 Andrew Soden – College Foundation
 Gareth Sivright – Glengary Holiday Farm
 Bruce Rowe – Mpowered
 Chris Luman / Tsepang Setipa / Sally Upfold – Maritzburg College
 Lee Fuller – Tugela Trails
 Brett Becker – The Company man's
 Ricky Spiers – Manor Butchery
 Leon Howard-Browne – Blaze
 Jason Elkington – Simple Music Solutions
 Matt Gardiner – Matt Gardiner
 Scottie Hasking – Stoneyhill Firewood
 Laura Dodd – Accountancy Placements
 Laura Dodd – Clydesdale Cottages / Karloof Canopy Tours
 Conrad de Jager – Sani Pass Premier resorts
 Mark Truter – Victoria Country Club
 Renée Veenstra – Veenstra Electrical
 Garin Denyschsen – Karcher
 Wayne Mayer – Mega Northway Super Spar
 Clint Mayer – 1st XV 1989
 Jono de Souza / Leon Stevens – Leicester Floors
 Gareth Bull – MC
 Grant Little / Linda Laubscher and Exec – MCOBA
 Ant Williamson – Meerkat






Campus Roundup

Focus on...Our Staff: Zithulele Zuma

Prior to joining us, having obtained his matric, Mr Zithulele Zuma worked for a construction company for a while, then went to Cape Town in 2006 in the hopes of furthering his studies. However, being a Zulu-speaking person there amidst all the violence and intolerance that existed at the time was unbearable, so he left.

He then found employment at College in February 2011 as a cleaner, cleaning and sweeping everywhere in the school, keeping the corridors neat, emptying bins, tidying up generally and keeping everything presentable. When his colleague "Professor" left in 2014, Zithulele was promoted to the responsible position of setting up all venues for our learners' exams as well as for school and private functions, ensuring that this mandate is carried out to the best of his ability. It has given his work-life a new dimension.

The behind-the-scenes, critically important setting up of our venues involves physically demanding work, moving furniture – sometimes hundreds of chairs and desks – all around the school campus to the various halls and classrooms. Mr Zuma's happy yet no-nonsense disposition, hands-on experience and ability to motivate the team ensure that everything is neatly and properly prepared before close of day and according to requirements.

In 2015, in addition to his daily responsibilities, he was elected by his colleagues to take on the job of Shop Steward. Although sometimes very challenging, he gives of his best as the go-between and spokesperson. His clear thinking, calm demeanour and strong ability to express himself unambiguously have been valuable assets in this role. It has been an experience from which he has benefitted and learned a lot, whilst also being able to make a positive difference in the workplace.

In 2017 Mr Zuma attended Msunduzi TVET College in his own time. In 2018 he was forced to leave due to lack of funding, being the only breadwinner, and with a wife and extended family to support. Chairs, tables and desks are always on the move due to ongoing meetings, functions, shows, exams, assemblies, sport and cultural requirements. He enjoys being busy, finds the work environment a happy place and has a hunger to learn more about the school and to contribute his talents.

Zithulele Zuma has a passion for woodwork and, if ever it presents itself, would value the opportunity to learn and develop carpentry skills.

Thought for the Week

*"I've learned that people will forget what you said,
people will forget what you did, but people will never
forget how you made them feel."*

~ Maya Angelou

Important Dates

- 29 Photographs: Winter sports
- 30 Photographs: Winter sports
Soccer vs Hilton
- 31 Staff Professional Development
Form 4 Parents Evening

AUGUST

- 3 Reunion Day - Interschool
Exchange vs. Glenwood [H]
compulsory attendance

Interact at 1000 PAW

Recently some Interact boys helped with the SPCA 1000 Paws fundraiser held at Hilton College. On the Saturday they helped with setup. The perfect warm winter's morning brought a few 1000 people and there furry four legged pets to partake in the very popular fundraiser walks and events. The College boys started at 6am and never wavered in the multitude of duties until the end of the day!



Once again these altruistic young men are a credit to College, receiving no rewards but just

giving to humanity.

Well done!

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